

# RECOMMENDED PLACE TO PARK & HOW TO GET TO CARLSON GYM FROM THERE

From Denver Take US-36 to Boulder

In Boulder exit on the **LEFT** (west) at **Colorado Ave.**

At the second traffic light turn **RIGHT** on to **Folsom St.**

Go down the hill and cross the very short bridge over Boulder Creek (pictured below)



Take an immediate **LEFT** after the bridge into parking lot 169 (pictured below)

If you reach Arapahoe Ave. you have gone too far.



Follow the winding path into lot 169 and park (pictured below)



There are 2 pedestrian footbridges exiting lot 169. Don't take this one (pictured below)



Take the other one (pictured below)

There is a golf cart crossing the bridge in this photo



Cross Boulder creek on the footbridge and climb the hill (pictured below)



At the top of the stairs turn right and walk up stadium drive behind the stadium (pictured below)



Turn left at the top of the hill (pictured below)



Continue straight ahead past the tennis courts (pictured below)



Turn right after the tennis courts (pictured below)



Enter parking lot 386 and enter Carlson Gym through the loading dock door (pictured below)

